



## **CHEO Psychologists Present: An Evening of Information**

*Monday, March 29, 2010 from 7:00 P.M. – 9:15 P.M.  
Hillcrest High School Auditorium*

Join your friends and neighbors for an exciting evening of presentations and information sharing by psychologists from CHEO.

7:00 pm – 8:00 pm:

**Keynote Address - Dr. Katherine Henderson**  
**“Talking to Children and Youth about Body Image”**

8:00 pm – 8:15 pm: Break

8:15 – 9:15: Break out groups with the following speakers

- Dr. Jenny Demark: “Why Won’t My Child Do As I Say”, The ABCs of Improving Cooperation and Compliance
- Dr. Douglas Scoular: Understanding Anxiety in Children and Youth
- Dr. Patricia Behnke & Dr. Jennifer Dunn-Geier: Autism 101
- Dr. Phil Ritchie: “Parenting Under Pressure – Avoiding Alligators” - Stress Management for Parents
- Dr. Simone Kortstee: The Importance of Sleep for Children and Adolescents

**This Event will be held at Hillcrest High School**

1900 Dauphin Street  
Ottawa, Ontario, K1G 2L7

To ensure your spot, please **register** by calling Lucy at (613) 737-7600 x 2927 or by email at [richard@cheo.on.ca](mailto:richard@cheo.on.ca)